

NOURISH



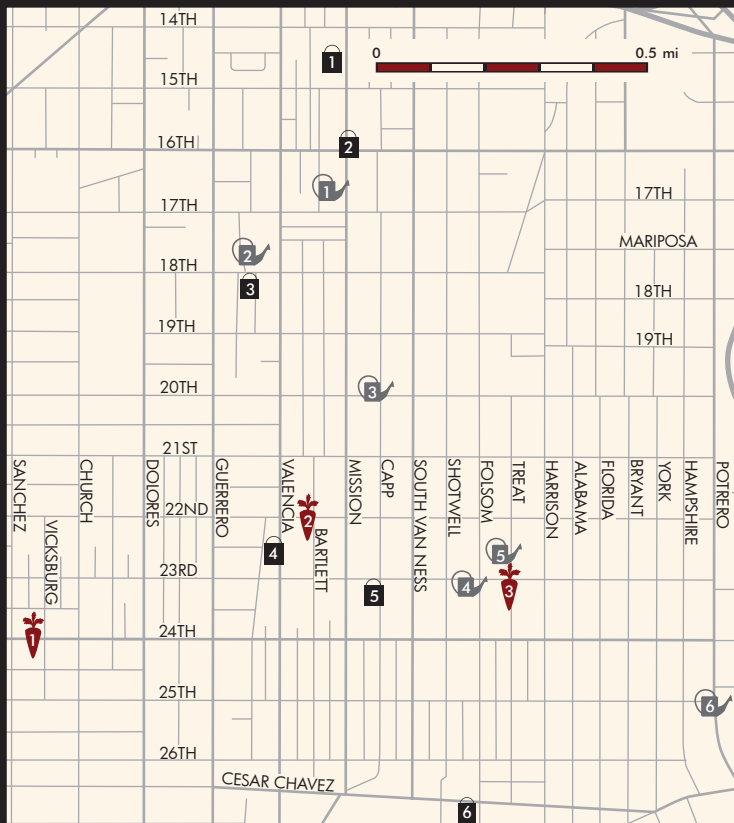
Food Bank



Community Garden



Farmers Market



FOOD BANKS

Nonprofit, charitable organizations that distribute free food to the hungry.

- 1** Arriba Juntos
1850 Mission St
(415) 487-3240. Sign up Thur 8:30am to get on the waiting list. You must live in zip code 94110 or 94103. ID required.
- 2** Food Not Bombs
16th & Mission BART Plaza.
Thurs 7pm
- 3** Women's Building
3543 18th St
Groceries given out 9:45-11am.
Immigrant SF residents only.
Bring a bag.
- 4** Salvation Army Family Services
1156 Valencia
Call (415) 648-0260 M–Th
9am-11:45am for appointment to get on waiting list. Food given out Fri 8:30-10:00am. Must live in 94107, 94110, 94112, 94114, or 94131 zipcode. Bring ID, proof of income & of address.
- 5** Mission Presbyterian Church
3261 23rd St
Fri 9am-1pm
- 6** St. Anthony de Padua Church
3215 Cesar Chavez St
Fri 10am-12pm

COMMUNITY GARDENS

Public or institutional gardens where individuals can grow their own food. May charge small fees for tools and supplies. For more info visit sfagro.org

- 1** Kidpower Park
- 2** Dearborn Community Garden
- 3** Alioto Mini Park
- 4** All in Common
- 5** Treat Commons
@ Parque Niños Unidos
- 6** Potrero del Sol

FARMERS MARKETS

These markets offer fruits and vegetables from regional farmers, many of whom are certified organic. Vendors take food stamps.

- 1** Noe Valley Farmers Market
Sat 8am-1pm
- 2** Mission Community Market
Thu 4pm-8pm
- 3** Free Farm Stand
Sundays 12pm-3pm